

# Sterinova®



## Sterilising Made Easy



**Sterinova®**  
**30** STERILISING TABLETS  
Each tablet contains 500mg troclosene sodium

**Sterilising Made Easy**

The Modern, Convenient and Effective Method  
for Safely Sterilising Baby's Feeding Utensils

Three clear plastic baby bottles with measurement scales, arranged in a slightly overlapping row.

## What is sterilisation

Sterilisation frees utensils from bacteria or other living microorganisms.

## Why should you sterilise infant feeding utensils?

There are times when germs are life threatening and must be eradicated by effective infection control practices, this is particularly true for babies. Up until a baby is a year old their immune system is weak and does not have the ability to create essential cells to combat naturally occurring microorganisms that we, as adults can readily do.

### Babies from 0 - 6 months are particularly vulnerable

A baby is particularly vulnerable under the age of 6 months. The microorganisms if not treated, can often lead to gastroenteritis, a dangerous consequence of dehydration associated with diarrhoea and sickness. Aged between 6 and 12 months, their defence system strengthens but it is still not strong enough to ward off infection and therefore remains vulnerable.

## IMPORTANT – A fresh solution must be made daily

### What bacteria is Sterinova effective against?

Sterinova sterilising tablets will effectively kill the following pathogens:

#### Bacteria:

- 1. Escherichia coli**, which causes food poisoning, gastroenteritis, diarrhoea and sickness
- 2. Staphylococcus aureus**, which causes food poisoning, diarrhoea, sickness and skin infections
- 3. Pseudomonas aeruginosa**, which causes skin infections, rashes and pustules
- 4. Enterococcus faecium**, which causes food poisoning, diarrhoea and sickness
- 5. Salmonella Typhimurium** which causes food poisoning, septicaemia, enteric fever, gastroenteritis and diarrhoea

**Mycobacteria:** Mycobacterium spp., which causes lung infections

**Fungi:** Candida albicans which causes oral thrush (candidiasis).

### Directions for Use

1. To prepare the correct sterilising solution add one tablet to 4 pints (2.3 litres) of lukewarm water in a suitable non-metallic container.
2. Clean utensils thoroughly after each feed. Clean bottles and teats thoroughly with warm soapy water. Rub teats inside and out to remove all milk deposits. Rinse with cold water.
3. Completely immerse all feeding utensils in the prepared solution, ensuring there are no trapped air bubbles. Sterilisation is complete after 30 minutes, but all utensils should be left in the solution until they are required
4. Wash your hands before removing utensils from the solution. Drain bottles, teat and other items before use. Fill the bottle immediately and cover teats.



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